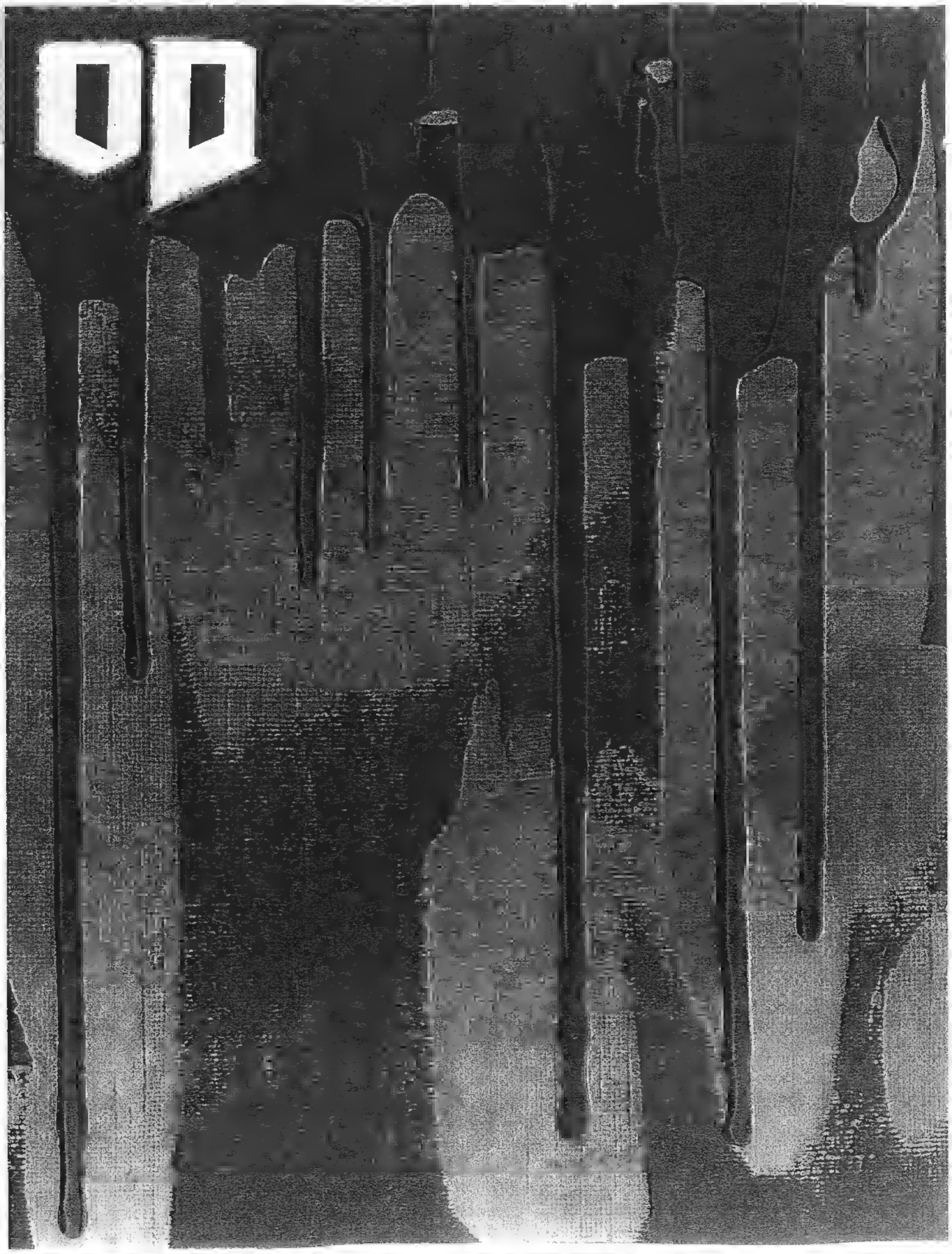


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ODmagazine is a public vent, first and foremost, and is always looking for more contributors, more people with wasted talents and opinions because of the suppressing nature of society (which only knows how to function as a collective)

Write us, send your art, opinions and rants. Vent.

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Next issue due out eventually, available by coincidence or at Spartacus Books.

Ask for us around.

All past issues are available to read on the website.

...onwards, downwards... OD

You must simplify before  
Elaborate

A glance toward the deafening ear, as what seems to be a metaphorical spike through the air, penetrating the cranium. Turn to see another sharp victim dropped against a cold surface. A satire from the start Turn, drop a spare loonie on his damaged hat, but he rejects your offer, with a twisted mouth. Back in the early 1900's opiate users were accustomed to relaxing their days within their smoke-filled box of a den. The awareness of legalization during the Harrison Act of 1914 led to addicts storming the streets. This led to the production of heroin and a larger scale of unspoken truths and even worse repercussions against those lives without notice. Damaged goods, a wastebasket full of insecurity, a boundary instigated by society. ~~Society~~ a group of persons gathering to create a single community of distinct social or economic value. Is it normal to be grievous?

Despite personal beliefs, and what is considered normal or not, these opinions fuel what we see, hear and coincide with. A multi-billion dollar enterprise of media sharing, and we've yet to connect with the source of the problem. Plain and simple, we allow for manipulation, as evolutionists monitor what sedatives we inject ourselves with to moderate our simple lives within this complex system. This system shapes our lives, therefore we swallow every piece of it in regards to subtle assurances, blinded by this robotic mother-figure. Spreading in range from the poor to rich, simple to keen, media is for all. But it is this blind truth for retrospect which is the largest concern, our acknowledgement of awareness is covered by a lack thereof.

I'm supposed to take this all in, and smile at the newest idea for another corporate boardroom logo, or some extreme nobody becoming everything with his new fancy "off the backboard" clothing accessories...

begin with. like the picture was so pretty to

I just wasted a moment  
of your time  
and there's no way that you can get it  
BACK.

(but at least i told you i was doing it.)

You need to find ways to stay away  
from tobacco while staying away  
from fattening foods.

so, maybe you don't think this world is corrupt beyond anything, and you still somehow believe that the government is here to help you out and we are all striving towards a collective advancement in society. well, use this grenade as a gift, it's ever play monopoly? sure you have, it's

an all-american game. haven't you go around the board buying land and then charge people to rent when they land on the only way to get property is bartering with other people using land or money you already have, yaddayadda 'til one person owns everything, and everyone else is broke.

well, the whole premise of this game - the thing that makes it work - is the fact that everyone starts on equal ground, and it's a battle to claim the most, best property the quickest. imagine jumping in late in the game, when half the property is owned. do you stand a chance? what about when the entire gameboard is already owned, every bit of property sitting safely in someone else's ~~possession~~ possession?

what would be the point of playing? maybe people will give you a bit of land and money out of pity - to get you on your feet, so to speak - but surely not enough to outweigh them, or even compete. they still want to win.

this is the world we were born into, hoards of people that have nothing, and will never even achieve enough to compete, they ~~despite~~ <sup>despite</sup> whatever gifts or talents they may have (that aspect got phased out of the game)

we know we've lost but we're still forced to play.

we're being humored, and we can't stop make them

according to the game, our best option is to land in jail, because it's a roof over our heads, that costs no rent, and somehow

and the ~~game~~ keeps us in the game.

the scene apart, but actually a source of creative tension. If some committed to the original cause of evil was stagnating, or becoming ensnared in nostalgia, remembering that its epicentre was compulsion, one that invited attempts to codify it, the same time too volatile to be cast in stone. But being proved now, to grasp the symbolism firmly is to a gateway to the psychedelic, powerful realms beyond.

Armageddon is imminent

NOBODY KNOWS WHO THEY ARE. FACT. THIS IS NEITHER POSITIVE OR NEGATIVE, IT IS SIMPLY TRUE. IT IS HOW PEOPLE DEAL WITH THIS FACT THAT CAN PROVE DAMAGING OR BENEFICIAL. ONE SHOULD NEVER LOOK OUTWARD FOR THE SOLUTION TO ONE'S PROBLEMS. NO ONE WILL EVER TELL YOU THE ANSWERS YOU SEEK. MAYBE, ON THE RARE OCCASION, YOU WILL BE STEERED IN THE RIGHT DIRECTION, BUT NEVER WILL SOMEONE ELSE BE HOLDING THE ANSWER LIKE SOME HEIRLOOM, SIMPLY WAITING TO PASS IT ON TO THE PROPER DESCENDANT. THE PROBLEM IS, OUR PARENTS TOLD US WHO WE WERE WHEN WE WERE KIDS, WELL, THEY TOLD US WHO THEY WANTED US TO BE, AND WHEN WE FIGURED THAT OUT WE WERE LEFT WITH THIS VOID TRYING TO FIGURE OUT WHO WE REALLY ARE, SO WE KEEP TURNING TO OTHER PEOPLE, "ARE YOU MY MOMMY?" REMEMBER THAT BOOK? YOU'RE YOUR OWN DAMN MOM,

GROW THE FUCK UP.

+ Bats always turn left when flying out of a cave.

## FIRST OF ITS KIND IN CANADA

COMING LATE FALL, 2005 - TransLink's new transit police service will be fully operational in the late fall of 2005. Approximately 80 officers will be empowered to enforce transit rules, and provincial and federal laws, in and around TransLink property.

Officers have the full powers of provincial police, including the ability to arrest people for outstanding warrants, enforce drug laws, and enforce the Criminal Code. This new transit police service is responsible for issuing violation tickets for fare evasion and other infractions on buses, SkyTrain, SeaBus and West Coast Express.

THE MEDIA IS AIDING TERRORISM. ☹

It's hard not to be negative. Everyone says to look at the silver lining. But, well, it's just not there. No matter how hard you squint and tilt your head and pop blood vessels. The only way it's there is if you downright lie to yourself, and I just won't do that.

remembrance day is a load of shit. there, it's been said. now that this is on the table, let's set aside our personal beliefs and opinions on nov. 11th and talk about why remembrance day is a fucking crock. and maybe that's a very elaborate build-up fall for an incredibly simple answer: we have not lived up to the heroic soldiers' sacrifice at all. they gave their goddamn lives for us to continue building a society in which freedom actually existed and was not the all-but-lost pipedream it is here today. they gave their goddamn lives so that we could make sure there was never another depression, never another child left behind, so there would never be a place they came from that would have a 50% (or more) unemployment rate. they did not die for paul martin's shipping corporations. they did not die for the g.s.t. they died believing we would take this world, they left us and build, improve, and rejoice.

yet we and yet, having done none of this, we gather each november and have a minute of silence in "remembrance." that minute should be meant as a solemn fucking apology. we did not live up to their sacrifice, and we never will now.

Everyone knows the Golden Rule, you know, "Do unto others what you would have done unto you." Well, it seems something has been lost in translation, somewhere along the line. It seems it has become, "Do unto others what HAS BEEN DONE unto you." Notice the difference? old way: "My father beat me and I hated it so I'll never beat my child." New way: "My father beat me and I hated it, so I'll beat my child more so he knows what I went through." HOW LONG MUST WE CARRY THESE GRUDGES?

Links decoration.  
today say-  
a regular  
create more

Thursday's question: Has the Gomery report changed your mind about how you will vote in the next federal election?

Yes: 20% No: 80%



Dick Cheney started his White House career as a senior vice man to Nixon, but when Nixon resigned, Gerald Ford became president. Ford named Rumsfeld his chief of staff, and Rumsfeld brought Cheney with him.

Having turned Ford into their chief instrument, Rumsfeld and Cheney set a second look at the oil industry, and removed Kissinger from his post as National Security adviser.

Rumsfeld was then named Secretary of Defense. The Yale dropout became a powerful figure at 34, the second most powerful man in the White House.

Cheney would leech onto his highest connection for personal gain. Such as when he was involved in the case of Nelson Mandela, and in favour of cop-killer bullets.

When the Iran Contra investigation was a minority report, Cheney and his cronies were in the clear, and the firm John Tower.

The man who was quoted as saying "I had other priorities in the push to get the oil industry under control." Cheney was the man who was quoted as saying "I had other priorities in the push to get the oil industry under control."

After Bush's term was over, Cheney was asked to be chairman of the administration for its work in Iraq.

Self-appointed VP Dick moves to Wyoming, a place he hasn't lived in for years. He creates the Energy Task Force. The report states,

"The US should conduct an immediate policy review towards Iraq including the energy, economic, and political aspects of the relationship. The report also warns that Iraq remains a global threat to the Middle East, and that Saddam Hussein has demonstrated his willingness to threaten to use oil weapons and to use his own export program to manipulate oil markets."

During this time it is also realized that we will soon reach Peak Oil, and that the Dick Cheney administration is planning to invade Iraq. One of those ways being the 9/11 terrorist attack.

Five months later, war with Iraq began.

Beware the leader who bangs the war drums in order to whip the citizenry into a patriotic fervor, for patriotism is indeed a double edged sword. It both emboldens the blood, just as it narrows the mind. And when the drums of war have reached a fever pitch and the blood boils with hate and the mind has closed, the leader will have no need in seizing the rights of the citizenry. Rather, the citizenry, infused with fear and blinded by patriotism, will offer up all of their rights unto the leader and glad to. How do I know? For this is what I have done. And I am *Cheney*.

exploitation

Its an antibacterial, antiviral, antiseptic, antiparasitic, antiprotozoan, antifungal, anthelmintic, immun-stimulating, hypotensive, diaphoretic, antispasmodic and its also a cholagogue. It has the ability to actively fight Tuberculosis, Shigella dysenteriae, Staphylococcus aureus, Pseudomonas aeruginosa, Candida albicans, Escherichia coli, Streptococcus, Salmonella, Campylobacter, Proteus mirabilis, herpes simplex, influenza B, HIV, and many others.

So what is it? What about side effects? Is it expensive? The answer may surprise you! its a wonder drug that has long been misunderstood and underestimated by the more unsafe competition for centuries. Its garlic. Mother natures miracle herb. Studies have proven garlic to be effective against everything from heart disease, high blood pressure, high cholesterol and cancer, to stress, fatigue and even aging its self! In fact, despite all of our modern medicine, experts say that if only one herb could combat against an epidemic of antibiotic-resistant bacteria, this would be it.



POPULATION CONTROL IS ALREADY IN EFFECT, IN NORTH AMERICA, AND THE REST OF THE WORLD

# Hey, is anyone listening to me?

Canadians love to complain about politics and their politicians - now they say they want a more direct influence over major government decisions, according to a new survey.

The poll, conducted last month by SES Research for Crossing Boundaries and the Public Policy Forum, found 61 per cent want more say in the policy making that affects their daily lives. Meanwhile, 31 per cent said it's the responsibility of elected politi-

cians and 8 per cent had no opinion or were undecided.

The result is a "clear indication to decision-makers that we have to do democracy differently," said Graham Fox, VP of the Public Policy Forum, an independent Ottawa-based think tank.

At the same time, however, the poll indicates many Canadians are all talk and no action. One in four admitted to never engaging in political activities such as belonging to a political party or taking part in a demonstration.

While 57 per cent of Canadians said they had signed a petition in the past, only 32 per cent had ever written a letter to a politician, 22 per cent said they had joined a demonstration and only 21 per cent said they had become members of a political party.

"The fact that one in four Canadians is fully disengaged from traditional forms of participation means there is definitely room for new ideas," said SES pollster Nik Nanos.

24 hours news service

If you're waiting for the game to start over it'll never happen, because the people winning right now live with the fear that they would have never been on top without their inherited advantages. Therefore, they pass on enormous wealth to their children and bestow upon them self-sustained industries in case their children also won't be able to compete, and win, on a level playing field. They want the best for their own, even if it means the worst for others.

This is an ongoing cycle, that has taken place for generations, to the point

where we've forgotten that we're simply engaged in a game, a game that can be stepped away from. But now, those winning have found ways to make people feel uncomfortable if they want to leave, and they make claims that the game is everything, the game is all, there is nothing to leave to. They know this isn't true, but they have power to back such bogus claims.

You must play, and if you don't like it then learn how to play better. Earn your worth from within in order to gain excuse. Yes, it's all in how you play the game - for it must be played - but remember, there is no upper limit to corruption or team size, and if you're on top, you're allowed to use whatever means necessary stay there. (These rules, of course, implemented by the most corrupt and oversized team playing, whom have strict rules for membership)



## SALAD ANYONE?

The human body relies on a complex system of chemical reactions. The most vital of these reactions is the balance between acids and alkalis, also known as the pH balance. The importance of the pH balance is often overlooked in the face of countless other health threats (despite the fact that this balance could be the underlying cause of many illnesses).

An unbalanced blood pH level can trigger a decrease in the delivery of oxygen to cells, abnormal changes in enzymatic-metabolic functions, unbalanced mineral makeup, and increase the chances of developing chronic-degenerative diseases.

Acids and alkalis are chemical compounds that rely on each other to form the basis of most molecular reactions. When these components are combined they form a salt.

In order to fully understand the importance of the pH balance, one must first remember that the body is powered by intricately implemented electrical and chemical reactions. A properly balanced pH level is the basis of a healthy environment for these reactions to occur.

In order to keep our bodies healthy, our blood pH level must range between 7.35 and 7.45, anything below 7.0 is considered acidic and must be corrected (talk to your doctor about a pH test). The blood pH must be in this narrow parameter in order to function the way it was designed to. Even a slight change in these numbers is considered unhealthy.

The problem with most North American diets is that we eat far too many acidic foods. Red meat, dairy and shellfish as well as coffee, nicotine, stress, and many prescription drugs can raise the acidic level in your blood pH. In order to correct this, we must be more aware of our eating habits and reverse them where necessary.

There are several other foods and beverages that can endanger your pH level (things that are all too familiar to us). Most grain products (except millet and almonds), alcohol, processed and refined vegetable oils and fats, vinegar (except apple cider vinegar), black tea, white sugar soft drinks and chocolate are all very acidic. The trouble with certain foods is that on their own, can be alkalizing; however, when mixed with other foods can become acid forming. Citrus fruits for example are very alkalizing, however if they are taken with starches they have the opposite effect.

So what foods are alkalizing? Why not try a salad with dark green leafy vegetables, almonds and avocados, all of which are deacidifiers. You should also embrace millet and fresh fruit. Although lemons and limes may seem acidic, they are in fact very effective at alkalizing your pH. Try adding two or three lemons to that apple a day to keep the doctor away.

By introducing these foods to your diet, and reducing your consumption of acidic culprits, you can achieve a perfectly balanced blood pH. With your acids and alkalis in check your blood can carry out the task of effectively drowning out bad and invasive bacteria. Healthy bacteria will thrive in this environment and your cells become invigorated in this healthy habitat.

## PH BALANCING LEMONADE

- Juice of 2 lemons
- 1/2 cup pure water
- 1 carrot
- pinch of cayenne
- 1 tbsp flax seed oil
- pinch of sea salt
- 1 tbsp maple syrup
- or honey

BLEND IN BLENDER

“I haven't read a book in my life.”

— VICTORIA (POSH SPICE) BECKHAM, the soccer star's wife, should know there are some things you just don't admit in public.

Beauty. Shade. Birds. Water conservation. Air quality.

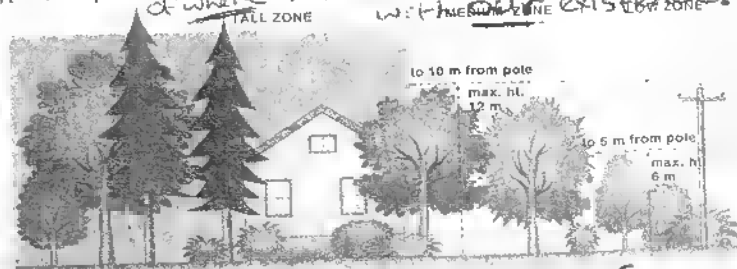
There are many reasons to plant trees, but one thing is certain: trees enhance our communities and improve our quality of life. The ideal time to plant trees and shrubs is during the dormant season in fall after leaves have fallen and in early spring before buds have broken.

## (HOWEVER)

It's important to plant the right tree in the right place – not just to suit the climate and growing conditions, but also to ensure that the tree won't pose a safety hazard when it's fully grown. Choose tree species that will

grow no higher than five metres below any electric wires on your property, and be sure to locate all underground utilities before digging.

That's right, let's restore nature, but be conscientious of where - Make sure it won't "interfere" with the existing zone.



DOUBT. DOUBT EVERYTHING. DOUBT IF YOU DOUBT EVERYTHING.



DO NOT WISH UPON A STAR DO NOT WISH TO BE RICH  
do not wish for anything

WISHING IS A WASTE OF EFFORT

stars can fall from the sky turn into meteors crash to the earth burn the human race

INSTEAD, JUST BE HAPPY WITH <sup>DON'T WISH</sup> WHAT YOU HAVE  
(and what you are capable of)

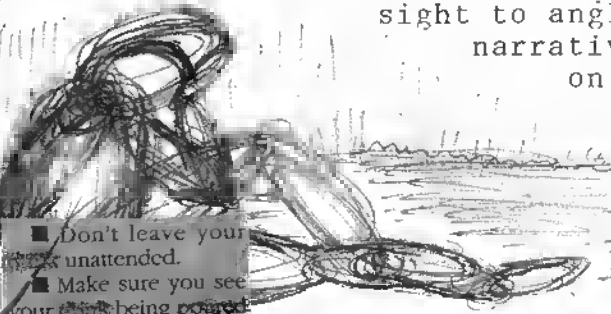
AMBITION LEADS TO WANTING

Wanting makes you feel EMPTY

emptiness is next to nothingness  
and no one wants nothing.

Let us pry open another eye upon the disco ball skull, full of windows of observation. Let us become aware of the energy struggle that exists within us all, the strive for empowerment that we believe comes only from the energy of other people. Lose these primitive ideologies and become aware of the ball of energy upon which we live. Learn to feed off of it. Feel the supernatural nourishment that we all thrive upon. Touch the face which supplies your aenima pulling from within the corruption and decay. Leave behind your misplaced swelling to see a portrait of diluted constipation a reflection of wretched tyranny. Life. Full of its erratic absurdities and spontaneous nonsense. Dwell within these moments and cherish them for their primitive value. ...and let us never forget where we came from. Let us never forget we stem from the same moment and we strive collectively. The need for all this competing is not real. Imaginative articles of which direction compells the sight to angle towards, struggling through conceptualized narratives, notions of seeking an end to useless patents on advertisement. Another treaty cloaked and masqueraded, pathetic as a dismembered corpse. Useless tangents along life's path. Meaningless energy drains that demand refueling, that force a desperate situation. Left outside the Club De Life, to pity those of richer lives mistaken.

THIS IS A WARTIME BOOK. This original edition, prepared especially for [redacted] is printed from brand-new plates made from large, clear, easy-to-read type, and produced in full compliance with the government's regulations for conserving paper and other essential materials.

- 
- Don't leave your [redacted] unattended.
  - Make sure you see your [redacted] being [redacted] or [redacted]
  - [redacted] with friends and assign a [redacted] watcher.
  - Don't share [redacted] or [redacted] leftovers.
  - [redacted] from [redacted] they're harder to [redacted]
  - Always [redacted] sensibly and know your limit.



# LIVE IN THE FEAR

WE HERE AT ODMAGAZINE WOULD LIKE TO TAKE A MOMENT TO APOLOGIZE FOR A FEW THINGS: FOR OUR LACK OF COLOUR OR GLOSSY PRINT, FOR THE LACK OF DRAMA, SAUCY GOSSIP, HOLLYWOOD RUMORS, CELEBRITY INSIDER HEARSAY, OR EXCLUSIVE PAPPARAZZI PHOTOGRAPHS, FOR OUR LACK OF WITTY EDITORIALS, MINDLESS HUMOR, AND HEARTFELT LOCAL COMMENTARY. ALSO FOR OUR LACK OF SPECTRUM THROUGH KEY DEMOGRAPHICS. WE WOULD ALSO LIKE TO APOLOGIZE FOR OUR LACK OF ADVERTISEMENTS AND CORPORATE SPONSORSHIP, FOR OUR LACK OF PRETENTIOUS NAME-DROPPING OF OBSCURE CULT FIGUREHEADS, AS WELL AS OUR NEGLECT TOWARDS MILKING EVERY POSSIBLE MEDIA OUTLET IN A VAIN ATTEMPT AT COMPETING WITH THE MAINSTREAM MARKET. WE APOLOGIZE FOR NOT KNOWING BRAD PITT'S CURRENT HAIR COLOUR, BRITNEY SPEARS' LUNCH, OR WHAT BOOZE IS ON PARIS HILTON'S BREATH. FOR NOT KNOWING WHICH MOVIE RAVED IN THE MOST DOUGH LAST WEEKEND, OR WHICH ALBUM IS TOPPING THE CHARTS. FOR NOT KNOWING ONE SINGLE DETAIL ABOUT ANYBODY REMOTELY FAMOUS, AND FOR NOT TAKING YOUR EMOTIONS OR STATUS INTO CONSIDERATION. FORGIVE US FOR OUR OBVIOUS IGNORANCE TOWARDS MODERN TRENDS, AND OUR LACK OF EFFORT TOWARDS BETTERING OURSELVES AND BECOMING MORE INFORMED THROUGH TELEVISION. AND FINALLY, FORGIVE US FOR ALL THE THINGS THAT YOU FEEL SHOULD BE ON THIS LIST, BUT SADLY AREN'T. FOR ALL THIS AND MORE. WE HERE AT ODMAGAZINE ARE TRULY SORRY. WE ARE SIMPLY A CONCEPT, NOT A SALVATION. ①

Some people care what they see on television.  
I think this is a problem.

I had a dream (possibly a daydream, I am finding it consistently harder to differentiate between daydreams and real dreams) the other day.

it involved some PRO-LIFE dude who banned abortion. And a cult of women who mailed babies, which they weren't allowed to abort, to him. in the mail, most of whom were dead. He kept getting all these babies after spending weeks of being redirected by the postal service.

It was a funny dream. Babies are messy.

Anyway, TV, it sucks. And people who talk about what happened in the last episode of whatever television show also suck.

I realize this includes almost everyone I know.

I'm sorry.  
I wish they sucked less.

YOUTH GONE MILD

## Blame TV (again): Profs say makeover-show craze killing us

As if we didn't have enough neuroses, addictions and conditions to worry about, now researchers in the U.K. have discovered a new form of neurosis, and they're blaming this one squarely on TV. More specifically, they're blaming it on makeover shows. Whether it's Bob Vila's This Old House or ABC's Extreme Makeover, sociologists at Kent University in England say the makeover craze has led some people to become so obsessed with self-improvement that, when they fail to live up to TV's ideal, it can drive them to depression and sometimes even suicide. —DOSE

THE  
MORE  
YOU  
WANT,  
THE  
LESS  
YOU  
HAVE.

NEVER GET SO CAUGHT UP IN LIFE,  
THAT YOU FORGET TO LIVE.

HELP  
WANTED

# Anti-Factories.

bob flower angry

bob  
flower  
.com

I  
HATE  
IT!

WHY DO I HAVE TO PROMOTE  
THE FACT THAT I'M SMASHING  
THE NUCLEAR PLANT WITH  
A GIANT ROBOT?

CAN'T I JUST... Y'KNOW... SMASH  
THE NUCLEAR PLANT  
WITH A GIANT ROBOT?

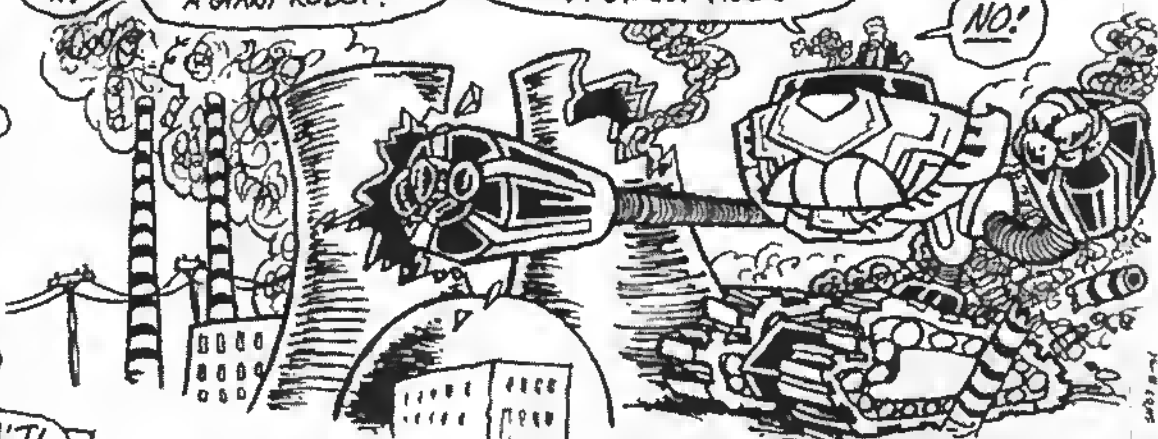
DOESN'T THAT GET  
THE POINT ACROSS?

NO!

I'M TELLIN' YA, BOB, WITHOUT  
MARKETING YOURS **NOTHING!**

YOU'RE  
FILTH!

arg...



YOU THINK PEOPLE  
CARE THAT YOU'RE  
OUT HERE DOING  
YOUR LITTLE THING?

THEY DON'T!

YOU'VE GOTTA  
MAKE THEM CARE!

I THOUGHT I WAS!

OH YEAH? SO  
WHAT'S THE  
NEXT STEP?

I DUNNO... I FIGURED  
PEOPLE'D HEAR ABOUT IT,  
THINK IT WAS COOL...

MAYBE GIVE  
ME A JOB...

WOAH! THAT'S A  
GREAT PLAN—  
FOR FAILURE!

SHUT UP!  
I HATE YOU!!

NOT THE  
MORAL  
Respect  
the  
elderly!